

JUNE 2026

# SENIOR FLYER



"Enabling seniors to live as independently as possible for as long as possible"

From the Route of Linda Jo Klapperich, Volunteer



## BOARD OF DIRECTORS

- Elsie O'Bryan, President**
- Cathy Cottle, Vice President**
- Donna Young, Secretary**
- Adrienne Blanchard, Treasurer**
- Charlotte Olito, Director**
- Diana Ring, Director**
- Donna Cote, Director**
- Kristie Poppell, Director**
- John Weaver, Director**

**Regular Board Meeting**  
**June 18th, 2026, 9:30am**

### Membership Dues

- **Annual Membership: \$30**
- **Free Membership: 90+**
- **Lifetime Membership:**

**\$240 for age 50-64**

**\$180 for age 65-74**

**\$120 for age 75+**

## Serving Seniors, Building Community

Meals On Wheels has always held a very special place in my heart. My daughter, Angelina Klapperich, and I are pictured here supporting the 1999 Meals On Wheels Fun Run and Walk, and that moment became the beginning of many years of volunteering and community involvement for our family.

After spending 34 years in the classroom teaching, I knew I wanted to continue dedicating my time and energy toward helping others in meaningful ways. Giving back to the community has always been deeply important to me, and I felt especially drawn to supporting our seniors. I wanted to do more than simply deliver a nutritious meal. I wanted to help bring joy, kindness, comfort, and genuine human connection into someone's day.

What I love most about Meals On Wheels is that it provides so much more than a meal. For many seniors, that daily knock on the door and friendly conversation can mean everything. It offers companionship, reassurance, and a reminder that someone truly cares. The program serves as a vital lifeline that helps older adults maintain their independence while also reminding them they are seen, valued, and never forgotten.

Through events like Miles for Meals and years of volunteering, I have had the opportunity to meet so many wonderful people and witness firsthand the incredible impact this program has on our community. The relationships built, the stories shared, and the smiles exchanged have made this experience incredibly rewarding. Supporting Meals On Wheels has truly been one of the most meaningful and fulfilling parts of my life.

- Linda Jo Klapperich, Volunteer



[www.wasillaseniors.com](http://www.wasillaseniors.com)  
Wasilla Area Seniors, Inc.

**WASI Main Office**  
Call: (907) 206-8800  
Fax: (907) 802-4788

**Marlene Munsell, CEO**  
(907) 206-8800  
marlenem@alaskaseniors.com

**Accounts Payable**  
(907) 206-8800

**Accounts Receivable**  
(907) 206-8800

**Adult Day Services**  
(907) 921-1463

**Chaplain**  
(907) 206-8810

**Chore Services / Outreach**  
(907) 206-8808

**Club50 / Healthy Aging**  
(907) 206-8807

**Fund Development**  
(907) 206-8800

**Housing**  
(907) 206-8803

**Home Delivered Meals**  
(907) 206-8802

**Mid-Valley Senior Center**  
(907) 206-8811

**Senior Services**  
(907) 206-8800

**Transportation**  
(907) 206-8802

### **Committee Meetings**

**Governance:** First Tuesday of even months at 9:30am

**Finance:** Second Tuesday of even months at 9:30am

**Property:** Second Thursday of every month at 9:30am

**Fund Development:** Second Thursday of every month at 10:30am

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**Thank You to Scott and Debbie Janssen of Janssen's Funeral Homes for sponsoring the Senior Birthday Celebration. Join WASI at 12:00pm on Friday, April 10th, for this month's Birthday Celebration.**

*Thank You!*



**Thank you Aurora Gardens for donating this years Memorial Tree. This year we will be planting a cherry tree. We are so blessed to receive this donation.**



# Off and Running Island Style Fundraising Brunch

WASI's Miles for Meals on Wheels Brunch on May 9th was a vibrant celebration filled with community spirit, generosity, and island inspired fun. Guests gathered to kick off this year's "Off & Running Island Style" fundraiser, enjoying a morning of great food, exciting auctions, and meaningful connection in support of Meals on Wheels and the seniors served throughout the Mat Su Valley. The tropical theme brought a fun and festive atmosphere to the event while highlighting the heart of the mission, supporting local seniors through nutrition, care, and connection.

Thanks to the incredible generosity of our community, the brunch raised over \$26,000 through ticket sales, the online auction, dessert auction, live auction, split the pot, centerpiece sales, and pins.

The energy in the room was truly uplifting, with enthusiastic bidding, shared laughter, and a strong sense of purpose throughout the morning. Every contribution, big or small, played an important role in making the event such a success and helping to launch this year's fundraiser season in a powerful way.

WASI extends a heartfelt gratitude to all who attended, donated, volunteered, sponsored, and supported the event in any way. The support of our community ensures that Meals on Wheels can keep providing nutritious meals, friendly visits, and essential connection to seniors across the Mat Su Valley. The spirit throughout the brunch reflects exactly what this program is about, coming together to care for one another, one meal and one mile at a time.



*CEO Marlene Munsell getting ready for the brunch festivities.*



*WASI President Elsie O'Bryan and WASI Member Ruby Church enjoying the island themes.*



*A glorious morning of bustling conversation, smiling faces, and community support at the fundraising brunch.*



*Linda Jo Klapperich holding the Elvis Presley cake before sharing it with her table.*





# Miles for Meals

## Off and Running Island Style Fun Run



**SATURDAY, JUNE 20TH • 9 AM CHECK IN • 10 AM START**

**Join us island style as we turn miles into meals for local seniors!**

Miles for Meals on Wheels returns Saturday, June 20th with this year's "Off and Running Island Style" theme. Grab your favorite Hawaiian shirt (Or buy one of ours) and get ready to run, walk, or roll while supporting a meaningful cause right here in the Mat-Su community.

This tropical-themed fundraiser brings together community spirit, fun, and a shared mission to support seniors through Meals on Wheels. Every mile completed and every dollar raised helps provide nutritious meals, friendly visits, and connection to seniors who count on us every day.

**DONATE!**



**REGISTER!**



**Support a GREAT cause and SPONSOR this event.**

We can't do it without you. Your sponsorship makes a direct impact on the lives of seniors, giving them not just nourishment but the reassurance that their community cares. We've created sponsorship levels that allow you to be a champion for Mat-Su seniors, but please know that a donation of any amount helps:

**HERO - \$5,000**

**CHAMPION - \$2,500**

**PROMOTER - \$1,000**

**ADVOCATE - \$500**

**FRIEND - \$250**

As a valued sponsor, your generosity will be recognized across social media, our Senior Flyer Newsletter, and at the Miles for Meals Fun Run. Your support will showcase your business as a leader in caring for the people who built this community.

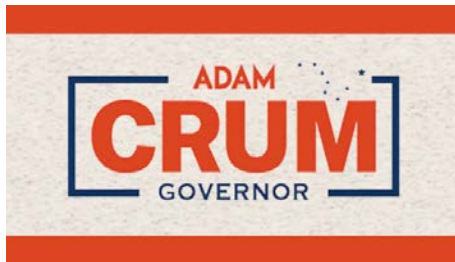


**COST: \$15.50**

**SIZES ARE LIMITED  
SM, MD, LG, XL,  
\$17.50 FOR 2XL, 3XL  
COLOR: SALMON**

Get your "Off and Running Island Style" t-shirt and join the tropical fun while supporting seniors in our community!

# A Special Thank You To The Sponsors Of Our 2026 Miles For Meals Events



*WASI Board Member  
Charlotte Olito*

*WASI Board Member  
Kristie Poppell*

*WASI Board VP  
Cathy Cottle*

*Chaplain Tom  
Stearns*

*Representative  
Steve St. Clair*

A big shout out to all the businesses and individuals who donated items, desserts, and auction contributions to help make our event a success. Your generosity and support mean so much and directly help us continue serving seniors in our community. Thank you for making a difference!

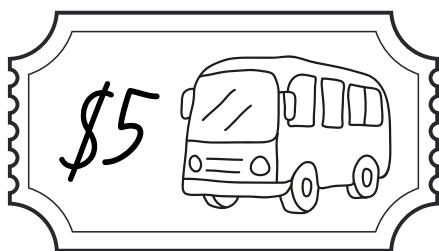
# JUNE 2026 ACTIVITIES CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10am LDS Gospel Study	2 10am Bingocize 12:30pm Shopping Bus 1pm Wayne Houston's Class	3 10am Bible Study 1pm BYO Arts & Crafts	4 12:30pm Shopping Bus	5 10am Bingocize	6
7 11:30am Christian Church Services 2pm Walk by Faith Ministry	8 10am LDS Gospel Study	9 10am Bingocize 12:30pm Shopping Bus	10 10am Bible Study 1pm BYO Arts & Crafts	11 12:30pm Shopping Bus	12 10am Bingocize 11:15am Birthday Celebration 1pm Senior Food Boxes	13
14 11:30am Christian Church Services 2pm Walk by Faith Ministry	15 10am LDS Gospel Study 12:30pm Card Makng Class	16 10am Bingocize 12:30pm Shopping Bus 1pm Wayne Houston's Class	17 10am Bible Study 1pm BYO Arts & Crafts	18 <b>9:30am Board Meeting</b> 12:30pm Shopping Bus	19 10am Bingocize 1pm Senior Food Boxes	20 <b>9am Miles for Meals Fun Run Registration</b> <b>10am Fun Run Starts</b>
21 11:30am Christian Church Services 2pm Walk by Faith Ministry  <b>Father's Day</b>	22 10am LDS Gospel Study	23 10am Bingocize 12:20pm Forget-Me-Not Chorus 12:30pm Shopping Bus	24 10am Bible Study 1pm BYO Arts & Crafts	25 12:30pm Shopping Bus	26 10am Bingocize	27
28 11:30am Christian Church Services 2pm Walk by Faith Ministry	29 10am LDS Gospel Study	30 10am Bingocize 12:30pm Shopping Bus 1pm Wayne Houston's Class				



## Did YOU know?

The first official day of summer is more than just sunshine! The Summer Solstice shares June 21st with both Father's Day and International Yoga Day, making it a day focused on family, health, and celebration.



WASI Shopping Bus 12:30pm  
Every Tuesday (Fred Meyers) Thursday (Walmart)

Valley Transit Bus Every Wednesday 1:30pm

Monday	Tuesday	Wednesday	Thursday	Friday	
<b>1</b> Beef Goulash w\ Egg Noodles Vegetable W.W. Bread  <b>(BEEF)</b>	<b>2</b> Chicken Ceasar Salad  Fresh Fruit  <b>(CHICKEN)</b>	<b>3</b> Pot Roast mashed Potato Gravy Vegetable Salad Tapioca Pudding <b>SPONSORSHIP:</b> THANK YOU PILLOWS FOR KIDS FOUNDATION <b>(BEEF)</b>	<b>4</b> Chicken Fajita Casserole w\ Chips Salsa & Sour Cream  <b>(CHICKEN)</b>	<b>5</b> Beef & Broccoli Rice Fortune Cookie  <b>(BEEF)</b>	
<b>8</b> Lemon Garlic Chicken Thighs Riced Cauliflower Vegetable  <b>(CHICKEN)</b>	<b>9</b> Breaded Cod Waffle Fries  Coleslaw  <b>(FISH)</b>	<b>10</b> Ham Steaks Stuffing Vegetable  <b>SPONSORSHIP:</b> THANK YOU JOHN GLENN <b>(PORK)</b>	<b>11</b> Cheese Burger w\ Bacon Lettuce\ Tomato\ Onion Tots  <b>(BEEF)</b>	<b>12</b> Grilled Bratwurst Sourkrougnt Mustard Sweet Potato Fries  <b>(PORK)</b>	
<b>15</b> Mannacoti w\ Meat Sauce Vegetable W.W. Bread  <b>(BEEF)</b>	<b>16</b> Chicken Strips w\ Cheesy Riced Cauliflower Country Gravy Corn  <b>(CHICKEN)</b>	<b>17</b> Salsbury Steak Mashed Potato Gravy Peas & Corrots Roll <b>SPONSORSHIP:</b> THANK YOU JAMES PETERSON <b>(POULTRY)</b>	<b>18</b> Shepards Pie Vegetable  <b>(BEEF)</b>	<b>19</b> Beef Brisket BBQ Baked Beans Vegetable  Fathers day <b>(BEEF)</b>	
<b>22</b> Potato Bar w\ Chili\ Cheese\ Onions Vegetable  <b>(BEEF)</b>	<b>23</b> Unstuffed Cabbage Casserole Vegetable  <b>(BEEF)</b>	<b>24</b> Turkey Crunch Salad Bread Stick Fruit  <b>(POULTRY)</b>	<b>25</b> Egg Salad Sandwich Chips & Pickle  <b>(EGG)</b>	<b>26</b> Spaghetti & Meatballs Vegetable  <b>(BEEF)</b>	
<b>29</b> Chicken Strip Sandwicheh Swiss Cheese\ Lettuce\ Tomato Macaroni Salad  <b>(CHICKEN)</b>	<b>30</b> Cowboy Benedict w/ Hashbrown Pattie  Oranges  <b>(PORK)</b>	<b>Thank you                      Connie Aschenbrenner                      for sponsoring the                      monthly desserts!</b>			<b>Thank you                      Stu Graham for                      Sponsoring "Dessert                      Fridays!"</b>

# Christmas in July

**WASI is currently seeking lunch sponsors for our Christmas in July event. Our theme this year is Christmas Around the World. Make a positive difference on the community by being a sponsor.**

**Holiday Congregate Lunch at WASI – \$500**

**Congregate Lunch at WASI – \$400**

**Holiday Congregate Lunch at Mid-Valley – \$175**

**Congregate Lunch at Mid-Valley – \$120**

**Meals-On-Wheels Rural Route – \$500**

**Meals-On-Wheels Local Route – \$400**

**Call 907-206-8800 for details or to secure sponsorship.**

**Pick a day and suggest your favorite meal!**

★ ★ ★ ★ ★ AMERICA ★ ★ ★ ★ ★



*"WASI's Week Of Dreams"*

As part of the America250 celebration, we want to hear from YOU! If you could design a special week for our community, what would it include?

**Share your ideas for activities, themes, games, music, stories, or events you would love to see at the center.**

Please send your ideas and suggestions to  
[hayleye@alaskaseniors.com](mailto:hayleye@alaskaseniors.com)  
or visit the front office for more information!

# Farmer Market Coupons



Farmer Market Coupons for seniors 60+

## Weekly Distribution:

Mondays, Tuesdays, Wednesdays  
from 1pm to 2pm

## Alzheimer's and Brain Awareness Month

June is Alzheimer's and Brain Awareness Month, a time to raise awareness and show support for the more than 55 million people worldwide living with dementia. Throughout the month, people are encouraged to wear purple, the signature color of the campaign, to honor those affected by Alzheimer's and other forms of dementia. Wearing purple is a simple way to show support for the patients, caregivers, and families impacted by the disease while helping spread awareness and compassion throughout the community.



# June Birthday Babies

- 1 Rita Davila
- 1 Suzanne LaValley
- 2 Bernice Gregory
- 3 Susan Lynch
- 4 Linda Staley
- 7 Red Carr
- 8 Donald Corey
- 10 Sonia Falconer
- 13 Lydia Carper
- 13 Teri Stephens
- 13 Pauline Engberg
- 15 Elizabeth Bolton
- 17 Karen Thompson
- 19 Colleen Sullivan-Leonard
- 20 Kelly Mann
- 24 Donald Warble
- 24 Allie Gladden
- 25 Joan Barnes
- 27 Kevin Reider
- 29 John Melvin
- 29 Beth Coletta
- 30 Barbara Montgomery



Want your photo taken with the birthday cake? Join us every second Friday in WASI's Dining Hall at 11:15am

# CLUB50

## Additional Strong Senior Locations:

Good Shephard Lutheran Church  
Mondays, Wednesdays, and Fridays  
from 9:30am to 10:30am

Meadow Lakes  
Tuesdays and Fridays from 11:00am to 11:45am

Mid-Valley Senior Center  
Tuesdays & Thursdays  
10:00am to 11:00am

Willow Community Center  
Mondays, Wednesdays, and Fridays  
from 10:00am - 11:00am



TIME: MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

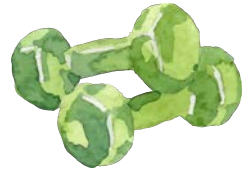
8:30 am	In Person & Virtual Strong Seniors		In Person & Virtual Strong Seniors		In Person & Virtual Strong Seniors
10:00 am	In Person Strong Seniors	Bingocize Dance with Georgie	In Person Strong Seniors		Bingocize In Person Strong Seniors
11:05 am	Workout Yoga	Workout Yoga			Workout Yoga
12:30 pm					
1:00 pm	Yoga Therapy Club50 Closed 1pm- 2pm	Tai Chi	Tai Chi	NIA	

907-206-8807

club50@alaskaseniors.com

1301 S Century Circle Wasilla, AK 99654

**Monday through Friday,  
8am to 4pm**



Join us, a fun and supportive community for healthy aging!

## International Yoga Day June 21st



"In honor of International Yoga Day, take time to focus on your mind and body through movement and mindfulness. Practicing Vinyasa yoga can help improve strength, flexibility, balance, posture, and mobility while also reducing stress, improving sleep, and supporting overall mental well being."



**Workout Yoga Instructor:  
Omara Gould**

# Honoring the Fathers in Our Community

In honor of Father's Day, we had the opportunity to speak with Dan McKinley about his father, Mac McKinley, whose life reflects the resilience and hardworking spirit of early Alaska. Shortly after World War II, Mac traveled north to Kodiak during a dangerous Gulf crossing and arrived in a remote island community accessible only by boat or plane. What began as a temporary stop quickly became a lifelong home. He first worked driving buses on the naval base before helping establish one of Kodiak's early taxi services using surplus military vehicles left behind after the war.



Dan McKinley

Known for his calm personality and fairness, Mac eventually entered law enforcement, serving as a police officer, Chief of Police in Kodiak, U.S. Marshal during Territorial Alaska, and later Fish and Game officer. His work took him throughout remote communities across the state, often in difficult conditions where trust and relationships mattered most. Through Dan's memories, stories like Mac McKinley's remind us of the fathers and father figures whose dedication and quiet leadership helped shape Alaska's communities for generations.



Mac McKinley



**Tuesday, June 23rd 12:20pm**

**Wasilla Area Seniors, Inc.**

1301 S Century Cir, Wasilla, AK 99654

Join us for a special, one-time Memory Café featuring the Forget Me Not Chorus. Experience the power of music, connection, and community through this unique chorus created for individuals living with Alzheimer's, related dementias, or memory loss, alongside their caregivers.

# AK WILLS AND TRUSTS

It's all about family. Have you protected them?

### Proper Planning Ensures You:

Maintain control of assets, Give control to those you trust, Remain home with less stress, Keep family business private.

### If Crisis Strikes, You Risk:

Losing control, Additional stress on family, Loss of your assets

### If something happens to you, do you want to:

Protect your family? Be clear so loved ones know what to do? Ensure your hard earned money doesn't go to the government?

**YES?  THEN YOUR FIRST STEP IN CREATING YOUR ASSET PROTECTION PLAN IS ATTENDING THIS WORKSHOP.**

**TO RESERVE YOUR SPOT  
CALL OR TEXT  
(907) 334-9200 OR GO TO  
WWW.AKWILLSTRUSTS.COM**

**IN-PERSON WORKSHOP:  
WASILLA SENIOR CENTER  
1301 SOUTH CENTURY CIRCLE,  
WASILLA  
JUN 23, JUL 22  
9:30-11:30 A.M.**

**FREE ESTATE  
PLANNING  
WORKSHOPS  
WITH ATTORNEY  
CONSTANCE A.  
ASCHENBRENNER**



**Unable to attend in person? Call to request the link to a recorded webinar.**

## LIVING WELL WITH VISION LOSS



Contact **Jacque Olsen**  
**907-354-8568** for  
information.

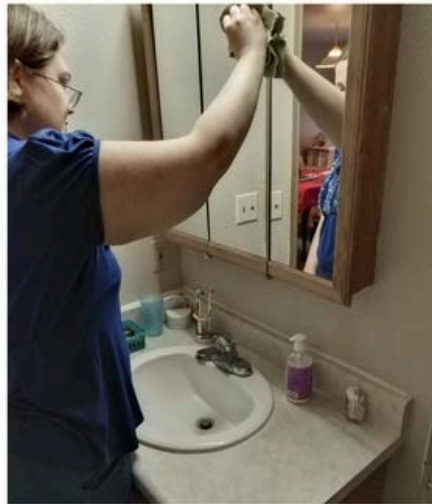
## Melissa San Roman Hearing Care Specialist



**Tel: 907-373-7700**  
3600 E Wickersham Way  
Wasilla, AK 99654

## WASI - In-Home Chore Services

Occasionally,  
Weekly,  
or Monthly



*Dusting,  
vacuuming,  
scrubbing floors,  
dishes, laundry,  
errands,  
and more.*

**All staff are extensively screened.  
Sliding scale fee for seniors living alone.  
Serving all of the Mat-Su Valley.**

**Tri-West for Veterans  
Medicaid Choice Waiver  
or Private Pay**

**(907) 206-8808**